

Mom's Fail-Safe Checklist for Traveling with Kids

by Karyn Zielinski, [Fun Places to Go With Kids.com](http://FunPlacesToGoWithKids.com)

You've finally planned that big day out with the kids. You've got the destination. You've got the kids. You've got the car keys. You're about to head out the door...but wait! Are you really prepared? Diapers, wipes, sun screen, blankies...you hope you remembered everything! Why leave yourself open to chance? You need an easy way to make sure you really are prepared. You need Mom's Fail-Safe Checklist!

This checklist includes the basic travel items you'll need to ensure you are prepared for most trips with your kids, as well as some ideas for maximizing safety and enhancing your day. Just print out this list and hang it on your refrigerator so that you can refer to it whenever you are planning a special day out with your kids.

Remember the Essentials

- Maps and directions
- Money/tickets
- Walkie-talkies
- Bus/train schedules
- Diaper bag
- Diapers or Pull-Ups
- Baby wipes
- Hand sanitizer
- Medications such as Baby or Children's Tylenol or Motrin
- Thermometer
- Change of clothes
- Pacifiers, blankies, dolls, or favorite stuffed animal
- Baby food, bowl, and 2 spoons
- Lunch, including sandwiches and fruit
- Kids' snacks in bagged individual portions
- Water bottles filled with water, juice, or milk
- Thermal carrier with ice pack to hold food and drinks
- Paper towels/napkins/tissues
- Sunglasses
- Hats
- Sunscreen
- Lip balm
- Insect repellent

Put Safety First

- Car seat, booster seat, baby carrier, stroller
- Cell phone and list of emergency numbers
- First Aid Kit that includes bandages, antiseptics, cotton balls, antibiotic ointment, and doctors' phone numbers
- Bee sting kit if allergic
- Allergy/asthma medicines and inhalers
- Blanket, flashlight, and roadside emergency kit
- Spare tire and jack Maximize Comfort For All Seasons
- Swimsuits, towels, goggles, flotation devices (Summer)

- Jackets, flannel shirts, sweat shirts and sweat pants (Fall)
- Snowsuits, hats, scarves, mittens (2 pairs), and boots (Winter)
- Rain jackets and umbrellas (Spring)

Enhance Your Day

- Children's travel toys, games, music, books, and magazines
- Personal CD/tape players
- Camera (disposable, regular, or digital) and film
- Video recorder

Karyn Zielinski and her sister Terry Gorski, who are parents themselves, developed FunPlacesToGoWithKids.Com because the concept was something they wanted to see on the web. The site meets the needs of those parents and child caregivers who are searching for a one-stop source for information on fun Chicagoland family attractions. They also felt that parents would appreciate an "insider's guide" to these places, with helpful tips and descriptions of each attraction's best family features.

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